



## 2010 – 2011 Coach Requirements Chart

Division	Level	Qualified Female on the Bench		Position	Make Ethical Decisions (MED))	Community Sport Initiation (CSI) (Level 1 re-qualified)	Competition Introduction 1 (CI-1) and Competition Introduction 2 (CI-2) = CI (Level 2 Certified)		Competition Development (CD) (Level 3 Certified)
		Trained	Certified		Certified	Trained	Trained	Certified	Certified
<b>U9</b> (Bunny) <b>U10</b> (Novice)	-	✓		All Coaches	✓	✓			
<b>U12</b> (Petite) <b>U14</b> (Tween)	B & C	✓		All Coaches	✓	✓			
	A	✓		Head Coach	✓			✓	
				Assistant Coaches	✓		✓		
				CIT	✓		✓		
<b>U14</b> (Tween)	AA	✓		Head Coach	✓			✓	
				Assistant Coaches	✓		✓		
				CIT	✓		✓		
<b>U16</b> (Junior) <b>U19</b> (Belle)	B & C	✓		All Coaches	✓	✓			
	A		✓	All Coaches	✓			✓	
				CIT	✓		✓		
	AA		✓	All Coaches	✓			✓	
<b>18+</b> (Open)	B & C			All Coaches	✓	✓			
	A			Head Coach	✓			✓	
				Assistant Coaches	✓		✓		
	NRL			All Coaches	✓			✓	
<b>U19</b> Canada East / West	AAA		✓	All Coaches	✓				✓
<b>U20</b> Canada Winter Games	AAA		✓	All Coaches	✓				✓
National Team	AAA		✓	All Coaches	✓				✓
<b>30+</b> (Masters)	All			All Coaches	✓	✓			

Effective 2010 “Competition Introduction (CI)” will become “Competition-Introduction #1 (CI-1)” and “Competition-Introduction Gradation” will become “Competition-Introduction #2 (CI-2)”. Together CI-1 and CI-2 will be considered Competition-Introduction (CI).



## Bench Staff Information and Other Requirements

<b>Make Ethical Decisions (MED)</b>	<p>To become MED certified:</p> <ol style="list-style-type: none"> <li>1. Attend a MED module (part of CSI, CI or stand-alone).</li> <li>2. Complete the appropriate Make Ethical Decisions online evaluation at <a href="http://www.coach.ca">www.coach.ca</a> : <ul style="list-style-type: none"> <li>- CSI and Level 1 Coaches must complete the CSI online.</li> <li>- CI and Level 2 Coaches must complete the CI online evaluation.</li> <li>- Once available, CD and Level 3 Coaches will be required to complete the CD MED online evaluation. For the 2010 – 2011 season, all CD and Level 3 Coaches will need to complete the CI MED online evaluation.</li> </ul> </li> </ol> <ul style="list-style-type: none"> <li>• The online evaluation system only allows two attempts to successfully complete the evaluation.</li> <li>• The minimum pass score is 75%.</li> <li>• <b>All Coaches must complete the MED Certification in the 2010-2011 season</b></li> </ul>
<b>Qualified Female on the Bench</b>	All divisions and calibers must have at least one fully qualified (trained or certified in their specific divisions) female coach (18 years old and older) on the bench (see the chart). The 18+ and 30+ divisions are exempt.
<b>Qualified Bench Staff</b>	Head Coaches and Assistant Coaches do not require the same qualifications in some divisions and levels. However, if an Assistant Coach is required to replace a Head Coach, the replacing coach must have the coaching requirements for a Head Coach in that division and level.
<b>Coach-in-Training (CIT)</b>  <b>*CIT's are coaches trained in CI but may not yet be trained in Clg</b>	<ul style="list-style-type: none"> <li>- May help coach a team as part of the team's 5 person bench staff for teams at the U12, U14 (all levels), U16 and U19A levels as a coach-in-training. (1 per Team)</li> <li>- CIT Coaches may NOT fill the qualified female bench requirements.</li> <li>- This is a one season exemption for CIT 18 years of age and older who must be certified in both CI-1 and CI-2 the following coaching season if it is required for the coaching context..</li> <li>- CIT under 18 must have completed CI-2 training the next coaching season and they MUST be certified in the year of their 18<sup>th</sup> birthday if they are coaching and it is required for the coaching context.</li> </ul>
<b>First Aid</b>	The Ringette Canada Coach Development Committee (CDC) recommends that at least one member of each team's bench staff is fully trained in first aid.
<b>Prevention</b>	The Ringette Canada CDC recommends all coaches participate in Preventative Education courses. Examples are Speak Out, Prevention in Motion, More Than Just a Game, etc.
<b>Helmets</b>	The Ringette Canada CDC recommends all coaches and all their helpers wear helmets on the ice.
<b>NCCP Levels to Contexts Transition</b>	For coaches with levels partially completed, distribution of information on transition from levels to contexts will be available for Level 1 and Level 2 by September 2010. Level 3 equivalencies will be processed and communicated once the CAC develops its equivalencies.

**Effective 2010 "Competition Introduction (CI)" will become "Competition-Introduction #1 (CI-1)" and "Competition-Introduction Gradation" will become "Competition-Introduction #2 (CI-2)". Together CI-1 and CI-2 will be considered Competition-Introduction (CI).**



## Training and Certification Procedures

	<b>Community Sport Initiation (CSI) and Level 1</b>	<b>Competition-Introduction1 (CI-1) and Competition Introduction 2 (CI-2) = Competition- Introduction (CI) and Level 2</b>	<b>Competition-Development (CD)</b>
<b>To Become Trained</b>	Attend and complete the CSI Course and training	Attend and complete CI-1 and CI-2 course and training. CI-1 Modules: <ul style="list-style-type: none"> <li>- Introduction to Coaching</li> <li>- Make Ethical Decisions</li> <li>- Planning a Practice</li> <li>- Ringette Skills – Basic</li> <li>- Ringette Strategies and Tactics – Basic</li> </ul> CI-2 Modules: <ul style="list-style-type: none"> <li>- Season Planning</li> <li>- Ringette Skills – Advanced</li> <li>- Ringette Strategies and Tactics – Advanced</li> </ul>	Attend and complete CD Courses and training. Multi-Sport Modules: <ul style="list-style-type: none"> <li>- Developing Athletic Abilities</li> <li>- Coaching and Leading Effectively</li> <li>- Prevention and Recovery</li> <li>- Managing Conflict</li> <li>- Leading a Drug-Free Sport</li> <li>- Sport Psychology</li> </ul> Ringette-Specific Modules: <ul style="list-style-type: none"> <li>- Periodized Training Plan</li> <li>- Planning a Practice</li> <li>- Biomechanical Analysis</li> <li>- Manage a Ringette Program</li> </ul>
<b>To Become Certified</b>	Attend a MED module (included in CSI Course) and successfully pass the MED online CSI evaluation.	Successfully pass the MED online CI evaluation. Successfully pass CI-1 and CI-2 evaluations which are interrelated and completed together. Coaches who were trained in CI Part B (multi-sport) must successfully pass the CI-2 evaluation to receive equivalency for certification.	Complete Multi-Sport online evaluations: <ul style="list-style-type: none"> <li>- Make Ethical Decisions</li> <li>- Managing Conflict</li> <li>- Leading a Drug-Free Sport</li> </ul> Submit to Ringette Canada for evaluation process (must be coaching U16AA or higher to begin the evaluation process). Observation Evaluation: <ul style="list-style-type: none"> <li>- Practice</li> <li>- Competition</li> </ul>
<b>To Remain Qualified</b>	Attend MED module (included in CSI Course) which will include the Emergency Action Plan and Safety in Practices and complete CSI online evaluation <b>Comply with the CAC policy on Professional Development once it is finalized. Details will be available as soon as the policy is finalized.</b>	Attend MED module (included in CI Course) which will include the Emergency Action Plan and Safety in Practices and complete CI online evaluation. <b>Comply with the CAC policy on Professional Development once it is finalized. Details will be available as soon as the policy is finalized.</b>	<b>Comply with the CAC policy on Professional Development once it is finalized. Details will be available as soon as the policy is finalized.</b>

**Effective 2010 “Competition Introduction (CI)” will become “Competition-Introduction #1 (CI-1)” and “Competition-Introduction Gradation” will become “Competition-Introduction #2 (CI-2)”. Together CI-1 and CI-2 will be considered Competition-Introduction (CI).**



## Training and Certification Procedures

### All Coaching Levels and Contexts

#### Ongoing Maintenance and Professional Development

Ongoing maintenance and professional development works on a five-year cycle for all contexts.

For CI Coaches, the following 3 modules will be available beginning in the 2010-2011 season:

- Teaching and Learning
- Mental Training
- Nutrition

For CSI Coaches the above modules should be taken in the order listed.

**Please note that the CAC is currently finalizing its policy on Professional Development. Ringette Canada will comply with this policy, and once available, a document with details regarding professional development for Ringette coaches will be communicated and made available wherever possible.**

**\*\* Provinces wishing to have a module approved for professional development are asked to submit an application form to Ringette Canada for review by the Coaching Professional Development Committee.**

A coach returning to coaching after a leave of a few years from the sport (for example, for reasons of pregnancy, new job or career, educational priorities, child's drop-out of the sport) will be required to attend and successfully complete the necessary professional development credits until s/he has satisfied the requirements for re-qualification.

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